

## Welcome!

The initial consultation is designed to get all of your questions answered and make sure that my services are a good fit for your goals. For all of your appointments, please keep in mind the following points:

Please arrive or sign in online ten minutes before your appointments. As one might expect, there is some variation in the length of visits. I try to keep to a strict schedule, but occasionally I may run late, as another 10 or 15 minutes provides the client with a better stopping point. So, please be patient if I run a little late. Know that it is always for a good reason, and your visit will not be cut short because of it. Please make sure you read the client bill of rights that explains my fees, cancellation, or discontinuance of program policies, along with everything else you need to know about how I operate!

As a personal and professional development consultant, I'm like a bicycle, guiding you in the direction of your goal, but you have to steer and peddle. In order for you to achieve the changes you desire, you have to do the work. I cannot guarantee the outcome because I have no magic wand. The human factor is always present in any situation where a professional is trying to help you. Doctors don't guarantee that you will get well. Teachers can't guarantee that you will learn, and lawyers can't guarantee that you will win your case. What I can guarantee is the very best service, using current information and appropriate techniques and programs for your situation.

I am excited to work with you to help you achieve the outcomes you desire!

A handwritten signature in black ink that reads "Roberta Fernandez". The script is fluid and cursive, with the first name "Roberta" and last name "Fernandez" clearly distinguishable.

Roberta Fernandez  
Your Ability Awareness Activator