

Required Reading for FARE 1.0 Course

Approximately 20 - 25 hours:

Trancework, An Introduction to the Practice of Clinical Hypnosis. Yapko, Michael D.

Guide to Trance-formation, Bandler, Richard

Magic Words and Language Patterns, Hand, Karen

Breaking Free from Pain and Opioids: Discovering the Hypnosis Option, Fernandez, Roberta

Why Do I Hurt, Louw, Adriaan, PhD, International Spine & Pain Institute, 2013

How to Open or Improve a Successful Alternative Health Care Practice, Robinson, Theodore W.
(Optional; meant for those starting a practice)

Required Reading for FARE Comprehensive Hypnotism™ Course

Approximately 13 - 18 hours:

Secret Language of Feelings, Banyan, Calvin

Hypnosis & Hypnotherapy, Banyan, Calvin

OR

Hypnotic Age Regression, Hunter, Roy C.

Spirit Releasement Therapy, Baldwin, William