

## Required Reading for FARE 1.0 Course

Approximately 20 - 25 hours:

*Trancework, An Introduction to the Practice of Clinical Hypnosis.* Yapko, Michael D.

*Guide to Trance-formation,* Bandler, Richard

*Magic Words and Language Patterns,* Hand, Karen

*Breaking Free from Pain and Opioids: Discovering the Hypnosis Option,* Fernandez, Roberta

*Why Do I Hurt,* Louw, Adriaan, PhD, International Spine & Pain Institute, 2013

*How to Open or Improve a Successful Alternative Health Care Practice,* Robinson, Theodore W.

## Required Reading for FARE Comprehensive Hypnotism™ Course

Approximately 13 - 18 hours:

*Secret Language of Feelings,* Banyan, Calvin

*Hypnosis & Hypnotherapy,* Banyan, Calvin

**OR**

*Hypnotic Age Regression,* Hunter, Roy C.

*Spirit Releasement Therapy,* Baldwin, William