

In hypnosis I am certified:

- by the National Guild of Hypnotists as a Board Certified Hypnotist
- by the National Guild of Hypnotists as a Certified Instructor
- by the National Guild of Hypnotists in their Complementary Medical Certification
- by Gerald Kein in hypnosis with children
- by Gerald Kein in metaphysical hypnosis
- as a Certified Professional Hypnosis Instructor (CPHI) by the Banyan Hypnosis Center
- as a 5-Path Consulting Hypnotist by the Banyan Hypnosis Center
- as a 7th Path Instructor by the Banyan Hypnosis Center
- by the Banyan Hypnosis Center in Informing Soul and Spirit Releasement
- in Pain Management from the American School of Clinical Hypnosis, International
- as an NLP Practitioner and Master Practitioner and Consulting Hypnotist and by the Minnesota Institute of Advanced Communication Skills
- by Weiss Institute in Past Life Regression Therapy
- by Melissa Tiers in Integrative Hypnosis
- as an Integrative Emotional Intelligence Specialist by Beryl Comar
- as an Hypnotic Worker by Jason Linnet
- as a Hypnotic Gastric Band Surgery Specialist, by Anthony F. DeMarco, Ph.D
- as a Golf Specialist by Laura Boynton King, under the auspices of the NGH
- by The Mottin and Johnson Institute of Hypnosis in Pain management
- by The Mottin and Johnson Institute of Hypnosis in Pediatric hypnosis
- by Ron Eslinger, Healthy Visions, in Hypnosis for Pain Management
- by Ron Eslinger, Healthy Visions, in Advanced Pain Management

Roberta has been featured in:

Chanhassen Villager - 2015
South Lake Neighbors Magazine - 2015
SouthWest Business and Community - 2015
Learn True Health Podcast with Ashley James - 2016
Natural Awakenings - 2016
Lifestyles Magazine - 2016
Eden Prairie News -2016
Southwest Metro Magazine - 2016
SouthWest News Media - 2016
Minding Your Health Radio Show on 950AM - Weekly from Jan-November 2017
The Star Tribune - 2017
National Fibromyalgia Association - 2017
Trailhead Health - 2018
Work Smart Hypnosis with Jason Linett Podcast #222 - 2019
Learn True Health Podcast with Ashley James - 2019
Reach Radio Podcast - Hypnosis, A Non-Pharmacological Option for Pain Management - 2021

She has written 2 books:

Breaking Free from Pain and Opioids: Discovering the Hypnosis Option - 2016
Your Compass for a Balanced Life - 2017
Her first fiction novel *A Knock on the Door* debuts in 2022

Honors:

Eden Prairie Chamber Charles DeBono Volunteer Award 2017
The Leadership Award from the Banyan Hypnosis Center 2017
The Hypnotism Research Award from the National Guild of Hypnotists 2017
Eden Prairie Women of Substance - 2018

As a Consultant and Hypnotist Roberta has spoken or provided training for:

Adath Jeshurun Synagogue
Allina Mercy Hospital
Anoka Ramsey Community College
Audubon Society
Bard College
Bond (Branching Out in New Directions)
Carleton College
Catholic Diocese Tampa Bay
Chanhassen High School
Chaska High School
Chiropractic Continuing Education, PDR and iSpine
City of Coon Rapids
City of Tampa
CleanTech Open
Earth Charter
Eden Prairie Chamber Of Commerce
Eden Prairie High School
Eden Prairie Home and Garden Show
Edina Realty
Episcopalian Church of Chicago
Epsilon Sigma Delta
Federal Reserve Bank
Florida Aquarium
Florida Federation of Garden Clubs
Florida State University
Gasparilla Arts
Gilda's Club
Hadassah
Heartland Hypnosis Conference
Hillsborough Community College
Hillsborough County Middle Schools
HR Assets
iSpine
Keller Williams
Kemps
Kingsway Retirement Center
Lee County, FL
Methodist Hospital, Heart Vascular Center
Minnesota Cardio Vascular and Pulmonary Rehabilitations Conference
Minnesota Community & Technical College
Minnesota Division of Natural Resources
Minnesota Historical Society
Minnesota Holistic Nurses Association
Minnesota Neuropathy Association
Minnesota Perinatal Organization
Minnesota Pollution Control Agency
Minnesota School Nutrition Association
Montessori Foundation
Museum of Arts and Sciences Tampa
Museum of Science and Industry Tampa
National Guild of Hypnotists Hypnosis Conferences
Nova Southeastern University

Network of Executive Women
Northwestern Health Sciences University
Optimist
Optum
Orlando Latin Film Festival
Pathways
Performance Excellence Network (MN Council for Quality)
Physicians Diagnostic and Rehabilitation Services
PI Midwest Business Leader's Forum
PMI
Power of 100
Presidio Graduate School
RENEW, MN
Rotary - many chapters
Ridgedale YMCA
Sarasota Realtor's International Congress
Sertoma
Stetson University
Suncoast League of Cities
Sustainable Florida Conference
SWANA
Tampa Museum of Art
University of Florida Extension
University of Minnesota
University of South Florida
Village of Key Biscayne
Women's Health Leadership Trust

Previous and Current businesses:

IDS/Ameriprise - Certified Financial Planner
Distinkt Impressions - Faux artist and designer
The Montessori Children's House of Hyde Park - School Founder and Director
Planet Partnership - Sustainability consulting and education
Consult Roberta - Consultant and trainer, specializing in organizational change and integrative emotional intelligence
FARE Hypnosis - Board Certified Hypnotist and Certified Instructor
Conscious Napping® - Guided Visualization app
Roberta K. Fernandez - Fiction author