

Ask yourself:

Have you already achieved success but want more?

Do you occasionally access your desired level of satisfaction in your personal and work life but can't stay there? Or don't believe you deserve it?

Are your current thoughts and plans boring or limiting you?

Are you bandaging something that needs stitches?

Have you been clawing your way to the top of your field but can't seem to get there?

Are you seeking more purpose, satisfaction, and joy in your life?

Are you ready to become the icon of your own life? To be the person others want to quote?

If you answer yes to any of these questions, you are ready to use AHARA to take a quantum leap, so keep reading!

What do you mean when you say “quantum leap?”

Perhaps you have been told to make a plan and incrementally take the necessary steps over the years toward your goals. Maybe you have some issues with this concept:

- The plan is not stimulating or creative
- You've tried this type of idea before with limited or no success
- It is hard to stay motivated or stick with the plan
- It keeps you stuck in your current way of being
- You want it faster

A quantum leap rapidly propels you toward your desired outcomes by changing how you perceive everything and enables you to think from that point of view.

How is this program different than traditional coaching?

Most coaching is predictable, with simple variations on a theme. You decide on a trait you want to change or improve or set a goal you want to

accomplish. You lay out a plan, and your coach provides guidance and cheerleading to keep you motivated to get there.

AHARA is nothing like that!

AHARA starts with you, by hypnotically tapping into your higher awareness and abilities. Starting with your first session, you experience your desired vision. Then you release beliefs, misperceptions, and unwanted baggage that stand in your way of fulfilling your dream. You stop concentrating on what was and is and acquire the skill to focus on your desire. Using hypnosis makes your first quantum leap quick and effortless. Mastering self-hypnosis on your own keeps those quantum leaps going!

Now, the most significant difference in the AHARA program can be realized. Einstein said, "The problems we have cannot be solved by the same level of thinking that created them." Think about how this relates to where you are now and where you want to be.

You cannot find a solution from the vantage point of the problem or your current situation. Because what you focus on expands, we guide you in creating a robust and specific image of your vision. You become intentional in problem-solving and creating from where you want to be, not where you currently are.

Einstein also said, "There comes a point when the mind takes a higher plane of knowledge but can never prove how it got there. All our great discoveries have involved such a leap."

Ask any great artist, scientist, inventor, or highly successful person, and they will tell you that changing how they process and see things differently than the masses contributed significantly to their success. This is at the core of the AHARA program. You learn how to leave the old way of "either/or" thinking behind and discover how to envision and implement a new and creative perspective of "both/and."

Using hypnosis to access your higher awareness, you realize your ability to leap into your desired result first, then explore, create, and live from that place. It's like evolving from a caterpillar to a butterfly, skipping the chrysalis stage.

AHARA is for the forward thinker

AHARA is for you if you have already achieved a high level of success and want more. Your benefits are directly proportional to your willingness to

remain open to new ideas, explore, reflect, and accept the opportunities for growth we present.

AHARA is for you if you are ready to empower yourself to tap into your greatest heights of awareness, allowing you to recognize and utilize your unique abilities.

AHARA is for you if you are ready to transform how you think, feel and act.

AHARA is for you if you are ready to purposefully invest in yourself for six months to quantum leap into your vision.

As Quantum coaches, we tailor the tenets of AHARA to meet your specific needs. The program demands desire and commitment. We dedicate ourselves to being with you every step of the way, so only ONE client is accepted into the program each month. We spend two to four hours each week guiding you through the AHARA program, enlisting your subconscious and conscious mind to empower you in achieving your vision.

Are you ready to open yourself to ideas that set you free to quantum leap?

Email us for your application today. Together we will decide if AHARA is right for you. roberta@FAREHypnosis.com or brenda@FAREHypnosis.com

And don't worry, if we've already chosen our client for the month, you can elect to be added to our waiting list.

It will be worth the wait!